



XXIII GRAND KARATE TOURNAMENT OF VILA DAS AVES

XV INTERNATIONAL- IV PRESIDENT JOÃO SALGADO TOURNAMENT

REGULATIONS

1. This tournament will take place in the Municipal Sports Pavilion of Santo Tirso, on the 21th of January 2017, commencing at 9am.
2. The tournament is disputed in Kumite and Kata, male and female, being that each club may only sign up two athletes per age group. **There will be a limit on the total number of entries, and if adherence is high, the last registrations will be excluded, and these will be notified until the 8th of January.**
3. In the 10/11 age group, the time is 1 minute. There will not be pauses for scoring, only to penalize. The winner will be decided by Hantei based on the 6 scoring criteria.
4. In the 10/11 age group, JODAN attacks are permitted, although, it is forbidden to touch even with feet. The compulsory protection equipment for this age group is: karate mitts, foot protection, and gum shield.
5. In the 12/13 age group the FNKP rules apply, and the time is only 1 and a half minutes.
6. For the other age groups, the official W.K.F (F.N.K.P) rules apply.
7. The official weight categories for the male and female competitors, cadets, juniors, under21 and seniors, will apply.
8. For the kata competition, the 10/11 age group has 3 basic katas, 12/13 has 1 basic kata for the 1st round followed by tokui kata, and the other age groups follow the WKF rules.
9. **A Kata Competition for athletes with Down Syndrome will take place.**
10. The age that is considered is that of the official EKF/WKF competitions.
11. An official identification document is compulsory, to present when requested.
12. The organization is not liable for accidents that may occur during the competition. All athletes residing in Portugal must be registered in the FNKP, and updated the respective insurance.
13. **Each entry has the cost of 5€ per athlete and per competition. The payment must be made before the registration to the NIB: 00350860000931523040 (Karate Shotokan de Vila das Aves) and the proof of payment must be sent to jfernandeskarate@gmail.com, without it the athletes will not be entered into the draw.**
14. Foreign clubs can pay the registration on the day of the tournament.
15. All doubts and problems which may arise will be resolved by the tournament organization.
17. **All entries must always be filled in with capital letters in the following webpage: <http://karate.santotirso.pt>, between the 15th of December and the 5th of January.**

The competition draw and the program will be available in www.karatesva.com from the 16th of January 2017.

All the clubs should print the respective draws, seeing that these will not be available on the day of the tournament.

For additional information, contact: Joaquim Fernandes, (+351) 93 634 65 28 or via email jfernandeskarate@gmail.com

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