



# XXI GRAND KARATE TOURNAMENT OF VILA DAS AVES

## XIII INTERNATIONAL- X NATIONAL CHAMPIONS OPEN

### II PRESIDENT JOÃO SALGADO TOURNAMENT

#### REGULATIONS

1. This tournament will take place in the Municipal Sports Pavilion of Santo Tirso, on the 17<sup>th</sup> of January 2015, commencing at 9am.
2. The tournament is disputed in Kumite and Kata, male and female, being that each club may only sign up two athletes per age group. **There will be a limit on the total number of entries, and if adherence is high, the last registrations will be excluded, and these will be notified until the 10<sup>th</sup> of January.**
3. In the 10/11 age group, the time is 1 minute. There will not be pauses for scoring, only to penalize. The winner will be decided by Hantei based on the 6 scoring criteria.
4. In the 10/11 age group, JODAN attacks are permitted, although, it is forbidden to touch even with feet. The compulsory protection equipment for this age group is: karate mitts, foot protection, and gum shield.
5. For the other age groups, the official W.K.F (F.N.K.P) rules apply.
6. In the 12/13 age group the FNKP rules apply, and the time is only 1.30 minutes.
7. In the National Champions Open, only under21 female athletes that have been Portuguese Nacional Champions while cadets, juniors or under 21 in the FNKP may compete.
8. For the kata competition, the under 9 age group has 2 basic katas, 10/11 age group has 3 basic katas, 12/13 has 1 basic kata for the 1st round followed by tokui kata, and the other age groups follow the WKF rules.
9. The II President João Salgado Tournament will take place with the same features as the previous year.
10. The age that is considered is that which the contestant has on the day of the tournament. FNKP logos are forbidden on the equipment.
11. An official identification document is compulsory, to present when requested.
12. The organization is not liable for accidents that may occur during the competition. All athletes residing in Portugal must be registered in the FNKP, and updated the respective insurance.
13. **Each entry has the cost of 5€ per athlete and per competition. The payment must be made before the registration to the NIB: 00350860000931523040 (Karate Shotokan de Vila das Aves) and the proof of payment must be sent to [jfernandeskarate@gmail.com](mailto:jfernandeskarate@gmail.com), without it the athletes will not be entered into the draw.**
14. All doubts and problems which may arise will be resolved by the tournament organization.
12. **All entries must always be filled in with capital letters in the following webpage: <http://karate.santotirso.pt>, between the 15<sup>th</sup> of December and the 8<sup>th</sup> of January.**

The competition draw and the program will be available in [www.karatesva.com](http://www.karatesva.com) from the 13<sup>th</sup> of January 2015.

All the clubs should print the respective draws, seeing that these will not be available on the day of the tournament.

For additional information, contact: Joaquim Fernandes, (+351) 93 634 65 28 or (+351) 92 760 62 33.

Merry Christmas and a Happy New Year 2015